

Patient Preparation and Information

Test	Patient Preparation	Estimated Time in Nuclear Medicine	
Bone Scan	No preparation	20 - 30 minutes- 1 st visit 30 - 90 minutes- 2 nd visit	1 st appointment for injection then you may leave the hospital Return 2 to 3 hours later
Cardiac Stress Testing	No caffeine for <u>48 hours</u> prior to your appointment: No tea or coffee, even decaffeinated, colas or chocolate. This includes medications which include caffeine, such as Tylenol 1's and 3's. Nothing to eat 6 hours prior to the appointment. (sips of water ok) Diabetics please call for modified diet. Please bring a list of your medications.	Test takes up to 6 hours in total. There will be a 1 - 2 hour break halfway through the test and you may eat 1 piece of fruit (i.e. banana, apple, etc.) and drink water or juice at this time.	
MUGA	No preparation	Takes approximately 1 hour	
Gallium	No Preparation - unless told otherwise	Specific Site: 15 mins 30 - 45 mins Up to 20 mins Whole Body: 15 mins 3 hours	Day 1 Injection only Day 3 (48hrs post injection) - Scan Day 4 (72hrs post injection) - Scan Day 1 Injection only Day 3 or 4 - Scan
Thyroid	Patient needs to be OFF Thyroxine X 3 weeks and PTU X 1 week	Approximately 45 minutes	
Biliary Scan (HIDA)	Nothing to eat or drink after midnight	Approximately 1 ½ - 4 ½ hours	
Lung	No preparation	Approximately 1 - 1 ½ hours	
Parathyroid	No preparation	1 hour scan, then approximately 1-2 hour wait, then 1½ hour scan	
Gastric Emptying	Nothing to eat or drink after midnight	Approximately 2 hours	
Meckel's Scan	Nothing to eat or drink after midnight	Approximately 1 hour	
Salivary	No preparation	Approximately 45 minutes	
Renal Function	Drink 1 litre of water an hour prior to your appointment	Approximately 30 minutes - 1 hour	

